



Amanda Soler is the founder of SolFul Living and host of the SolFul Connections podcast, where she sparks authentic conversations that inspire, uplift, and deepen our connection to ourselves and each other. A certified Chopra Primordial Sound Meditation teacher and IIN Health Coach, Amanda draws on three decades of business leadership, her experience as a magazine editor and corporate scriptwriter, and her own journey of healing and self-discovery to help individuals design more

intentional and meaningful lives.

She has delivered keynotes, led workshops, and facilitated programs for organizations including the Girls Empowered anniversary event, the Ann Silverman Community Health Clinic, Seniors Enriched Learning, and the Empowered Girls Leadership Program.

Amanda's work has been featured in Doylestown Living and Doylestown Magazine, and she has appeared on Entrepreneur's Enigma, Outlier's Edge, The Beach Speaks, and the CORE Energy podcast. She serves on the Welcome Project PA, Bucks County Music Advisory Board and has served on the Board of Directors for Immigrant Rights Action.

